

## PHILOSOPHY

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### **Compliance as a component of culture student youth health (using the example of Rostov-on-Don)**

It is shown that competence as a component of modern health culture plays one of the significant roles and acts as a motivator for maintaining and strengthening public health. The awareness of young people about the components of the health culture influences the level of their commitment to treatment. The level of awareness of students of various educational profiles about compliance and their adherence to treatment is investigated. It is shown that competence as a component of modern health culture acts as a motivating factor in maintaining and strengthening public health. The analysis of the research results is presented, which showed a certain correlation between the educational profile, level of awareness and commitment to treatment of respondents and revealed the need to establish this component in their model of health culture.

**Key words:** compliance, public health, healthcare, health culture, respondent, non-compliance.

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