

PEDAGOGY

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Formation of metacognitive skills in the context of professional pedagogical activity

The article substantiates that metacognitive skills play a key role in the professional activities of teachers, determining their ability to consciously and flexibly manage the educational process. The authors consider various aspects of metacognitive skills, manifested in pedagogical practice and influencing professional development. Metacognitive skills allow teachers to effectively plan training sessions, implement the pedagogical process in accordance with needs and opportunities, contributing to the development of metacognition among students, which is an important aspect of successful training.

Key words: personality, learning, education, technique, reflection, quality of education, cognitive processes.

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