

PEDAGOGY

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Methodological approaches to solving the problems of adaptation of cadets to the environment of naval and military educational institutions

The problem of adaptation of cadets to life in conditions of military and maritime universities is investigated, which is crucial in the training of both officers of the Armed Forces of the Russian Federation and naval vessels. It is noted that adaptation is an interdisciplinary and multidirectional phenomenon. At the same time, adaptation processes are usually studied within the subject area of one scientific discipline (pedagogy, psychology, physiology, etc.) and are focused on improving one type or aspect. The choice of a set of methodological approaches to the development of such an organization of the process of adaptation of cadets to the environment of military and naval universities, which is focused on the successful solution of any individual problems of adaptation of cadets, is justified. The choice of a methodological approach is analyzed from the point of view of the studied object and the method of its definition.

Key words: adaptation, adaptology, methodological approach, general scientific approach, concrete scientific approach, environment, system, situation.

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