

PEDAGOGY

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The development of the professional competence of military personnel of the special forces of the National Guard forces through physical training

It is considered the problem of the development of the professional competence of military personnel of the units of the special forces of the National Guard forces. It is noted that one of the most important characteristics of a soldier is his physical fitness necessary for the performance of service and combat tasks. The development of professional competence is possible during the implementation of the training program for physical training.

Key words: professional competence, physical training, training, troops, fulfillment of combat missions.

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