

PHILOSOPHY

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Spirituality in national sports as a condition of national security modern Russian society

A comprehensive socio-philosophical study of the sacred meanings of national body practices, physical culture and mass sports, allows to substantiate the long-term perspective of the revival and development of traditional spirituality with its social ideals of justice and unique cultural values. The phenomenon of manifestation of national self-awareness in national types of physical activity is studied using the method of historical retrospective and analogy. Physical activity appears to be revival of the spiritual traditions of the Russian people, which is especially relevant today. The novelty of the consideration of national sports as a condition of national security in modern Russian society is indicated. Conclusions are made about the need to determine the prospects for the further development of physical culture, which acts as a mechanism for the spiritual and physical health improvement of the population, contributes to self-realization and personality development, acting as a means of combating asocial phenomena and deviant behavior.

Key words: national security, spirituality, sports spirituality, physical culture and sports, national sports, modern Russian society, values and meanings.

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