

## PSYCHOLOGY

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### **Theoretical peculiarities of reflexive competence development of teenagers**

The development of reflexive competence is revealed at the teenage age. The transitional age is characterized by cardinal transformations in the sphere of consciousness and in the system of teenager's relationships. The successful and conscious solution of the tasks arising in the teenager's life is getting difficult in the absence of the developed reflection that slows down the transition to the following stages of development. The reflection is a psychological protection of "me". The development of the reflection allows to realize the features of the character, adequately estimate the advantages or shortcomings. The right choice of the profession is a paramount task at a teenage age, and only provided developed reflection, orientation and understanding of the abilities is formed.

Key words: reflexive competence, teenage age, development of a reflection, consciousness, self-determination, psychology.

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