

## PSYCHOLOGY

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### ***Touchina O.R. Self-interpretation and existential peculiarities of a personality***

In article the stage of a validity check of techniques of independent-interdependent self-construals Singelis and DeCicco's metapersonal self-construals is described. The author carried out communication research between type of self-understanding and «Existential fulfillment». This concept describes subjective integrated experience of the personality concerning her life at present. Metapersonal self-construal most influences level of existential fullness of the personality and its components. The personality with high level of this type of self- construal estimates the life as free, intelligent and responsible. Independent self- construal significantly influences level of «Existential fulfillment»; level of this type of self-interpretation positively influences ability of the individual to realize values and purposes, independently to make decisions, proceeding from own values and the purposes, ability to make independent decisions and to realize the decisions. Interdependent self-construal significantly negatively influences level of «Existential fulfillment» in a consequence of that individuals with high level of this type of self-interpretation are guided in the opinions and acts that is important and correct from the point of view of group values.

Keywords: self-understanding, self-construal, independent, interdependent, metapersonal self-construals; «Existential fulfillment».

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