## **PSYCHOLOGY**

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## Boutenko V.S., Boutenko O.S. Mentoring as a form of an education and professional self-realization

The author focuses on mentoring, which is an effective form of continuing education for adults. Mentoring can establish the transfer of professional knowledge and skills from generation to generation, which is particularly important in the workplace, in the structures of law by public authorities. The article briefly discusses the development of mentoring in human history and the history of the issue in Russia. In particular, states that its peak reached a mentoring system in the 70 years of the 20th century. To this period belong the most systematic research mentoring and development of detailed instruction materials. After the establishment of new economic relations in the late 20th century created mentoring system has practically ceased to exist at the present time there are no systematic studies and guidelines establish a system of mentoring in a business or organization of any form of ownership.

Key words: mentoring, adult education, professional growth.

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