

PEDAGOGY
(specialty 13.00.01)

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The article is devoted to the analysis of a problem of hardiness development among senior pupils in educational institution. The urgency and necessity of research of the issue is considered. Special attention is paid to the components of hardiness at the senior school age. We also conducted an experiment and it was possible to determine personal features of hardy pupils with help of its results. Also due to its results it became possible to define and plan some directions in work with hardiness development at the senior school age. Leaning against the results of research we offer possible ways of hardiness development in educational process. Also we confirm its correctness with help of results of developed and realized program. The purpose of this program is development of the revealed features of the hardy person. The main thing of this program, such as themes of employment, time expenses, forms and work methods, also are specified.

Key words: hardiness, social adaptation, overcoming of difficulties, self-determination, senior pupils.

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